

## Hitzacker Herbsthärte

Geländelauf am 03.11.2019 in Hitzacker  
Veranstalter: TSV Hitzacker

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## Gesamtwertung Frauen - 10 km - Lauf

| Platz | Startnr. | Name                   | Verein/Ort                 | JG   | Altersklasse | Zeit    | U                 |
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| 1.    | 499      | Predki, Lara           | Lüneburger SV              | 1991 | 1. Fr        | 0:43:34 | <a href="#">U</a> |
| 2.    | 453      | Mangold, Marie Jeanne  | SV Munster                 | 1997 | 2. Fr        | 0:48:59 | <a href="#">U</a> |
| 3.    | 470      | Kutzner, Carmen        | Hannover 96 Triathlon      | 1976 | 1. W40       | 0:53:22 | <a href="#">U</a> |
| 4.    | 84       | Goldschmidt, Johanna   | Triabolos Hamburg e.V.     | 1969 | 1. W50       | 0:54:22 | <a href="#">U</a> |
| 5.    | 398      | Wiethake, Kerstin      | Post-SV Uelzen             | 1960 | 1. W55       | 0:54:46 | <a href="#">U</a> |
| 6.    | 193      | Lüneborg, Anja         | TVU-LT-Uelzen              | 1968 | 2. W50       | 0:56:21 | <a href="#">U</a> |
| 7.    | 607      | Wellis, Luisa          | Team Focus Uelzen          | 1997 | 3. Fr        | 0:56:55 | <a href="#">U</a> |
| 8.    | 358      | Tipp, Franziska        | Post-SV Uelzen             | 1992 | 4. Fr        | 0:56:57 | <a href="#">U</a> |
| 9.    | 313      | Schumacher, Thekla     | Apotheke Seepassage        | 1974 | 1. W45       | 0:57:04 | <a href="#">U</a> |
| 10.   | 56       | Engel, Natalie         | Herakliden-Team            | 1978 | 2. W40       | 0:57:09 | <a href="#">U</a> |
| 11.   | 419      | Lange, Freya           | Soul Explorer Hamburg      | 1992 | 5. Fr        | 0:57:16 | <a href="#">U</a> |
| 12.   | 487      | Zweigert, Maika        | Hann.Münden                | 1983 | 1. W35       | 0:57:38 | <a href="#">U</a> |
| 13.   | 69       | Fricke, Madeleine      | Tripmunks                  | 1988 | 1. W30       | 0:58:29 | <a href="#">U</a> |
| 14.   | 400      | Willbrandt, Nicole     | Winsen (Luhe)              | 1990 | 6. Fr        | 0:58:58 | <a href="#">U</a> |
| 15.   | 449      | Wernicke , Christina   | Drawehnschule              | 1978 | 3. W40       | 0:59:00 | <a href="#">U</a> |
| 16.   | 108      | Henze, Anja            | Wustrow                    | 1975 | 4. W40       | 0:59:15 | <a href="#">U</a> |
| 17.   | 110      | Herrmann, Turid        | TSV Hitzacker              | 2001 | 1. WJU20     | 0:59:45 | <a href="#">U</a> |
| 18.   | 376      | von Schack, Friederike | Lüneburg                   | 1993 | 7. Fr        | 0:59:48 | <a href="#">U</a> |
| 19.   | 608      | Henning, Anika         | Triathlon Füchse Osterburg | 1982 | 2. W35       | 1:00:18 | <a href="#">U</a> |
| 20.   | 458      | Kahlen, Lisa           | Lüneburg                   | 1995 | 8. Fr        | 1:00:57 | <a href="#">U</a> |
| 21.   | 602      | Willetal, Heike        | Arendsee                   | 1970 | 2. W45       | 1:01:19 | <a href="#">U</a> |
| 22.   | 476      | Ackermann, Meike       | ESV Büchen                 | 1969 | 3. W50       | 1:01:22 | <a href="#">U</a> |
| 23.   | 612      | Degering, Annika       | Hannover                   | 1993 | 9. Fr        | 1:01:47 | <a href="#">U</a> |
| 24.   | 455      | Thiergärtner , Ute     | Glienitz                   | 1976 | 5. W40       | 1:02:06 | <a href="#">U</a> |
| 25.   | 392      | Wenzlawe, Maja         | Triathlon Team Buxtehude   | 1972 | 3. W45       | 1:02:08 | <a href="#">U</a> |
| 26.   | 422      | Meinecke, Susanne      | Fox-Training               | 1973 | 4. W45       | 1:02:16 | <a href="#">U</a> |
| 27.   | 215      | Möller, Kerstin        | Ludwigslust                | 1983 | 3. W35       | 1:02:27 | <a href="#">U</a> |
| 28.   | 475      | Kast, Marina           | Speed Turtles              | 1976 | 6. W40       | 1:02:41 | <a href="#">U</a> |
| 29.   | 456      | Stehr, Dr., Dorit      | MTV Amelinghausen          | 1958 | 1. W60       | 1:03:03 | <a href="#">U</a> |
| 30.   | 338      | Stolte, Dagmar         | Post-SV Uelzen             | 1970 | 5. W45       | 1:03:15 | <a href="#">U</a> |
| 31.   | 53       | Ehrhardt, Jaqueline    | Wustrow                    | 1989 | 2. W30       | 1:03:20 | <a href="#">U</a> |
| 32.   | 284      | Schmidt, Kristina      | parkrun                    | 1968 | 4. W50       | 1:03:26 | <a href="#">U</a> |
| 33.   | 347      | Tegeler, Stefanie      | RSC Lüneburg Triathlon     | 1964 | 2. W55       | 1:03:29 | <a href="#">U</a> |
| 34.   | 276      | Schenk, Marleen        | Küsten                     | 1997 | 10. Fr       | 1:03:35 | <a href="#">U</a> |
| 35.   | 344      | Supplie, Sabine        | IGAS Wendland              | 1981 | 4. W35       | 1:03:37 | <a href="#">U</a> |

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| 36. | 382 | Wannovius, Martina         | TVU-LT-Uelzen            | 1964 | 3.  | W55   | 1:03:43 | <a href="#">U</a> |
| 37. | 133 | Joswig, Marion             | TVU-LT-Uelzen            | 1965 | 5.  | W50   | 1:03:43 | <a href="#">U</a> |
| 38. | 155 | Koslowski, Kim             | Ludwigslust              | 2004 | 1.  | WJU16 | 1:03:49 | <a href="#">U</a> |
| 39. | 8   | Bartels, Meike             | Buxtehuder Sportverein   | 1972 | 6.  | W45   | 1:03:57 | <a href="#">U</a> |
| 40. | 220 | Müller, Petra              | SC Lüchow                | 1973 | 7.  | W45   | 1:03:58 | <a href="#">U</a> |
| 41. | 430 | Roever, Julia              | Sammatz                  | 2002 | 1.  | WJU18 | 1:04:16 | <a href="#">U</a> |
| 42. | 1   | Abraham, Rabia             | TVU-LT-Uelzen            | 1979 | 7.  | W40   | 1:04:25 | <a href="#">U</a> |
| 43. | 154 | Koslowski, Nannett         | Ludwigslust              | 1973 | 8.  | W45   | 1:04:59 | <a href="#">U</a> |
| 44. | 493 | Kachel, Antonia            | Team Focus Uelzen        | 1996 | 11. | Fr    | 1:04:59 | <a href="#">U</a> |
| 45. | 349 | Tenorio, Sabine            | Berlin                   | 1959 | 2.  | W60   | 1:05:00 | <a href="#">U</a> |
| 46. | 250 | Przybylski, Jana           | TVU-LT-Uelzen            | 1974 | 9.  | W45   | 1:05:02 | <a href="#">U</a> |
| 47. | 79  | Giering, Dagmar            | Kuddewörde               | 1969 | 6.  | W50   | 1:05:03 | <a href="#">U</a> |
| 48. | 255 | Reimers, Katrin            | slow aber oho            | 1990 | 12. | Fr    | 1:05:09 | <a href="#">U</a> |
| 49. | 269 | Ruelius-Mangold, Annette   | Team Astroturfer         | 1955 | 3.  | W60   | 1:05:17 | <a href="#">U</a> |
| 50. | 274 | Schallhorn, Claudia        | MTV Bad Bevensen         | 1967 | 7.  | W50   | 1:05:21 | <a href="#">U</a> |
| 51. | 189 | Lückel, Daniela            | Schilfbeet Breese/Marsch | 1990 | 13. | Fr    | 1:05:23 | <a href="#">U</a> |
| 52. | 102 | Heine, Tina                | Tierhilfe Wendland e.V.  | 1985 | 3.  | W30   | 1:05:38 | <a href="#">U</a> |
| 53. | 106 | Hennings, Angela           | SV Eintracht Clenze      | 1969 | 8.  | W50   | 1:05:46 | <a href="#">U</a> |
| 54. | 412 | Ziemer, Silke              | MTV Dannenberg           | 1968 | 9.  | W50   | 1:06:00 | <a href="#">U</a> |
| 55. | 36  | Burmeister, Sabrina        | Gudow                    | 1982 | 5.  | W35   | 1:06:03 | <a href="#">U</a> |
| 56. | 27  | Boldt, Charlotte           | TV Uelzen                | 1998 | 14. | Fr    | 1:06:06 | <a href="#">U</a> |
| 57. | 318 | Schwerin, Antje            | Läuft doch               | 1968 | 10. | W50   | 1:06:18 | <a href="#">U</a> |
| 58. | 466 | Schmitz, Johanna Katharina | Breese i.d. Marsch       | 1993 | 15. | Fr    | 1:06:19 | <a href="#">U</a> |
| 59. | 496 | Seil, Claudia              | VfL Bleckede             | 1971 | 10. | W45   | 1:06:20 | <a href="#">U</a> |
| 60. | 61  | Fey, Doreen                | Elbmarschexpress         | 1972 | 11. | W45   | 1:06:24 | <a href="#">U</a> |
| 61. | 426 | Dau, Kira                  | Fox-Training             | 2003 | 2.  | WJU18 | 1:06:25 | <a href="#">U</a> |
| 62. | 70  | Friedrichsen, Kati         | TSV Auetal               | 1974 | 12. | W45   | 1:06:32 | <a href="#">U</a> |
| 63. | 20  | Blase, Johanna Ira         | Schilfbeet Breese/Marsch | 1990 | 16. | Fr    | 1:06:34 | <a href="#">U</a> |
| 64. | 26  | Boldt, Sybille             | TV Uelzen                | 1968 | 11. | W50   | 1:06:43 | <a href="#">U</a> |
| 65. | 459 | Glühe, Andrea              | Bredenbock               | 1978 | 8.  | W40   | 1:06:50 | <a href="#">U</a> |
| 66. | 413 | Zierau, Martina            | Fox-Training             | 1974 | 13. | W45   | 1:06:51 | <a href="#">U</a> |
| 67. | 336 | Sternberg, Silke           | Fox-Training             | 1960 | 4.  | W55   | 1:06:51 | <a href="#">U</a> |
| 68. | 205 | Matzka, Judith             | SV Eintracht Salzwedel   | 1959 | 4.  | W60   | 1:07:07 | <a href="#">U</a> |
| 69. | 76  | Gangloff, Ingrid           | SV Gartow                | 1965 | 12. | W50   | 1:07:26 | <a href="#">U</a> |
| 70. | 442 | Pflaumbaum, Heike Linda    | SV Eintracht Lüneburg    | 1986 | 4.  | W30   | 1:07:37 | <a href="#">U</a> |
| 71. | 111 | Heuer, Claudia             | FC St. Pauli Triathlon   | 1972 | 14. | W45   | 1:08:11 | <a href="#">U</a> |
| 72. | 40  | Cetin, Janine              | Fox-Training             | 1994 | 17. | Fr    | 1:08:26 | <a href="#">U</a> |
| 73. | 172 | Lack, Ulrike               | TSV Bienenbüttel         | 1974 | 15. | W45   | 1:08:42 | <a href="#">U</a> |
| 74. | 406 | Wolff, Karen               | Fox-Training             | 1991 | 18. | Fr    | 1:08:51 | <a href="#">U</a> |
| 75. | 353 | Theben, Swantje            | Hitzacker                | 1978 | 9.  | W40   | 1:08:52 | <a href="#">U</a> |
| 76. | 492 | Kachel, Heike              | Laufftreff-TV-Uelzen     | 1965 | 13. | W50   | 1:09:03 | <a href="#">U</a> |
| 77. | 149 | Koch, Lea Marie            | SC Lüchow                | 2000 | 2.  | WJU20 | 1:09:10 | <a href="#">U</a> |
| 78. | 173 | Lafuente Hernández, Elisa  | Zipfelstürmer            | 1984 | 6.  | W35   | 1:09:11 | <a href="#">U</a> |
| 79. | 12  | Batram, Ramona             | SportTriLich             | 1960 | 5.  | W55   | 1:09:14 | <a href="#">U</a> |
| 80. | 324 | Sobczak, Antje             | Team Astroturfer         | 1954 | 1.  | W65   | 1:09:16 | <a href="#">U</a> |
| 81. | 259 | Reinkemeier-Huber, Anke    | Ahrensburg               | 1968 | 14. | W50   | 1:09:22 | <a href="#">U</a> |
| 82. | 54  | Eilers, Angela             | Lauffreunde Lüder        | 1968 | 15. | W50   | 1:09:29 | <a href="#">U</a> |
| 83. | 408 | Wustrack, Christina        | Speedy turtles           | 1981 | 7.  | W35   | 1:09:34 | <a href="#">U</a> |
| 84. | 407 | Wunsch, Susann             | Lauffreunde Lüder        | 1983 | 8.  | W35   | 1:09:47 | <a href="#">U</a> |
| 85. | 391 | Wendt, Mareike             | SG Stern Hamburg         | 1969 | 16. | W50   | 1:09:51 | <a href="#">U</a> |
| 86. | 452 | Wilkens , Antje            | Fox Training             | 1979 | 10. | W40   | 1:09:54 | <a href="#">U</a> |
| 87. | 489 | Schenner, Beatrice         | Langenapel               | 1988 | 5.  | W30   | 1:09:57 | <a href="#">U</a> |
| 88. | 393 | Wetzel, Tabea              | TSV Hitzacker            | 1992 | 19. | Fr    | 1:10:29 | <a href="#">U</a> |
| 89. | 479 | Karfeld, Sandra            | Herakliden-Team          | 1982 | 9.  | W35   | 1:10:41 | <a href="#">U</a> |
| 90. | 477 | Ebermann, Vanessa          | Herakliden Team          | 1975 | 11. | W40   | 1:10:41 | <a href="#">U</a> |
| 91. | 465 | v.d. Gablentz, Cornelia    | SV Gartow                | 1961 | 6.  | W55   | 1:10:47 | <a href="#">U</a> |
| 92. | 491 | Röper, Heike               | Laufftreff-TV-Uelzen     | 1965 | 17. | W50   | 1:11:20 | <a href="#">U</a> |
| 93. | 198 | Manke, Jacqueline          | Fox-Training             | 1995 | 20. | Fr    | 1:11:39 | <a href="#">U</a> |
| 94. | 81  | Gödecke, Stefanie          | MTV Ashausen             | 1985 | 6.  | W30   | 1:12:14 | <a href="#">U</a> |
| 95. | 88  | Haacke, Petra              | SC Lüchow                | 1960 | 7.  | W55   | 1:12:20 | <a href="#">U</a> |

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| 96.  | 461 | Meyer, Marlies         | Bredenbock               | 1970 | 16. | W45   | 1:12:47 | <a href="#">U</a> |
| 97.  | 13  | Baumann, Anja          | VfL Jesteburg            | 1969 | 18. | W50   | 1:12:52 | <a href="#">U</a> |
| 98.  | 34  | Brummund, Svenja       | Schilfbeet Breese/Marsch | 1992 | 21. | Fr    | 1:12:56 | <a href="#">U</a> |
| 99.  | 369 | Vogler, Heike          | Eimsbüttler Turnverein   | 1960 | 8.  | W55   | 1:12:56 | <a href="#">U</a> |
| 100. | 15  | Bestmann, Jane         | Karwitz                  | 1976 | 12. | W40   | 1:13:15 | <a href="#">U</a> |
| 101. | 348 | Tenorio, Susanne       | Villa Weinberg           | 1958 | 5.  | W60   | 1:13:44 | <a href="#">U</a> |
| 102. | 2   | Accetti, Miriam        | Hitzacker                | 1979 | 13. | W40   | 1:14:03 | <a href="#">U</a> |
| 103. | 183 | Linz, Renate           | Lüneburg                 | 1966 | 19. | W50   | 1:14:21 | <a href="#">U</a> |
| 104. | 375 | von Schack, Sibylle    | Lüneburg                 | 1966 | 20. | W50   | 1:14:21 | <a href="#">U</a> |
| 105. | 175 | Langkabel, Birgit      | Post-SV Uelzen           | 1963 | 9.  | W55   | 1:15:04 | <a href="#">U</a> |
| 106. | 77  | Gebhardt, Gabriele     | Post-SV Uelzen           | 1963 | 10. | W55   | 1:15:04 | <a href="#">U</a> |
| 107. | 234 | Pape, Stephanie        | MTV Ashausen             | 1972 | 17. | W45   | 1:16:14 | <a href="#">U</a> |
| 108. | 362 | Tornow Lafuente, Núria | Zipfelstürmer            | 2010 | 1.  | WKU10 | 1:16:21 | <a href="#">U</a> |
| 109. | 16  | Betz, Alexandra        | Dahlenburg               | 1986 | 7.  | W30   | 1:16:39 | <a href="#">U</a> |
| 110. | 78  | Geisler, Lara          | SG Stern Hamburg         | 1993 | 22. | Fr    | 1:16:59 | <a href="#">U</a> |
| 111. | 415 | Zu Dreele, Yvonne      | Post-SV Uelzen           | 1965 | 21. | W50   | 1:17:00 | <a href="#">U</a> |
| 112. | 10  | Bartelt, Heike         | VfL Suderburg            | 1974 | 18. | W45   | 1:17:51 | <a href="#">U</a> |
| 113. | 286 | Schmitz, Lilo          | Schilfbeet Breese/Marsch | 1949 | 1.  | W70   | 1:18:14 | <a href="#">U</a> |
| 114. | 181 | Limbart, Margarete     | Schilfbeet Breese/Marsch | 2000 | 3.  | WJU20 | 1:18:54 | <a href="#">U</a> |
| 115. | 165 | Krone, Gabriele        | Heidetango e.V.          | 1954 | 2.  | W65   | 1:19:14 | <a href="#">U</a> |
| 116. | 418 | Ahl, Julia             | Apotheke Seepassage      | 1983 | 10. | W35   | 1:19:20 | <a href="#">U</a> |
| 117. | 21  | Bodendieck, Imke       | Hamburg                  | 1992 | 23. | Fr    | 1:19:52 | <a href="#">U</a> |
| 118. | 381 | Wambersky, Diana       | MTV Ashausen             | 1976 | 14. | W40   | 1:19:58 | <a href="#">U</a> |
| 119. | 235 | Paul, Stefanie         | Hitzacker                | 1991 | 24. | Fr    | 1:20:16 | <a href="#">U</a> |
| 120. | 140 | Kern, Franziska        | TSV Hitzacker            | 1991 | 25. | Fr    | 1:21:14 | <a href="#">U</a> |
| 121. | 104 | Helbing, Sonja         | Laufftreff Uelzen        | 1958 | 6.  | W60   | 1:24:22 | <a href="#">U</a> |
| 122. | 481 | Wojza, Katrin          | Hamburg                  | 1987 | 8.  | W30   | 1:25:43 | <a href="#">U</a> |
| 123. | 483 | Calcagnile, Judith     | Hamburg                  | 1983 | 11. | W35   | 1:25:43 | <a href="#">U</a> |
| 124. | 488 | Schnobbel, Sandra      | Langenapel               | 1985 | 9.  | W30   | 1:25:54 | <a href="#">U</a> |
| 125. | 260 | Ribbrock, Tessa        | Zipfelstürmer            | 2010 | 2.  | WKU10 | 1:26:07 | <a href="#">U</a> |
| 126. | 360 | Tornow, Leila          | Zipfelstürmer            | 1981 | 12. | W35   | 1:26:11 | <a href="#">U</a> |
| 127. | 3   | Ackermann, Julie       | ESV Büchen               | 2001 | 4.  | WJU20 | 1:28:46 | <a href="#">U</a> |
| 128. | 322 | Seegebarth, Christine  | Schilfbeet Breese/Marsch | 1975 | 15. | W40   | 1:34:50 | <a href="#">U</a> |
| 129. | 166 | Krüger, Kerstin        | Schilfbeet Breese/Marsch | 1972 | 19. | W45   | 1:34:50 | <a href="#">U</a> |

## Gesamtwertung Männer - 10 km - Lauf

| Platz | Startnr. | Name                   | Verein/Ort            | JG   | Altersklasse | Zeit    | U                 |
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| 1.    | 357      | Timm, Fynn             | Hamburg Running       | 1995 | 1. Mä        | 0:35:16 | <a href="#">U</a> |
| 2.    | 377      | von Wartburg, Geronimo | LG Kreis Verden       | 1988 | 1. M30       | 0:36:23 | <a href="#">U</a> |
| 3.    | 95       | Hannich, Steffen       | VfL Wolfsburg         | 1994 | 2. Mä        | 0:38:02 | <a href="#">U</a> |
| 4.    | 163      | Kröger, Gerrit         | Winsen                | 1993 | 3. Mä        | 0:38:40 | <a href="#">U</a> |
| 5.    | 603      | Lauterschlag, Dennis   | Lüneburger SV         | 1985 | 2. M30       | 0:38:52 | <a href="#">U</a> |
| 6.    | 176      | Laue, Simon            | LG Braunschweig       | 1986 | 3. M30       | 0:39:30 | <a href="#">U</a> |
| 7.    | 24       | Börstler, Boris        | Dannenberg            | 1973 | 1. M45       | 0:41:35 | <a href="#">U</a> |
| 8.    | 153      | Kohla, Marcel          | IGAS Wendland         | 1974 | 2. M45       | 0:41:40 | <a href="#">U</a> |
| 9.    | 199      | Marggraf, Ole          | LG Braunschweig       | 1989 | 4. M30       | 0:41:49 | <a href="#">U</a> |
| 10.   | 107      | Henze, Marcus          | IGAS Wendland         | 1974 | 3. M45       | 0:42:03 | <a href="#">U</a> |
| 11.   | 293      | Schröder, Arne         | Team Astroturfer      | 1987 | 5. M30       | 0:42:17 | <a href="#">U</a> |
| 12.   | 299      | Schütt, Jannik         | Hyggelig hügelig      | 1991 | 4. Mä        | 0:42:44 | <a href="#">U</a> |
| 13.   | 35       | Büchner, Dennis        | Team Astroturfer      | 1981 | 1. M35       | 0:43:06 | <a href="#">U</a> |
| 14.   | 386      | Wegener, Lars          | IGAS Wendland         | 1987 | 6. M30       | 0:43:07 | <a href="#">U</a> |
| 15.   | 606      | Szekely, Norbert       | Team Focus Uelzen     | 1993 | 5. Mä        | 0:43:53 | <a href="#">U</a> |
| 16.   | 405      | Wolff, Manuel          | Sehnde                | 1980 | 2. M35       | 0:44:09 | <a href="#">U</a> |
| 17.   | 454      | Marschall, Fabian      | Ruderverein Uelzen    | 1984 | 3. M35       | 0:44:49 | <a href="#">U</a> |
| 18.   | 201      | Martel, Bernd          | IGAS Wendland         | 1974 | 4. M45       | 0:44:51 | <a href="#">U</a> |
| 19.   | 435      | Lüpke, Sebastian       | Herakliden-Team       | 1991 | 6. Mä        | 0:45:06 | <a href="#">U</a> |
| 20.   | 85       | Gottesleben, Joschka   | VFL Breese/Langendorf | 1994 | 7. Mä        | 0:45:45 | <a href="#">U</a> |
| 21.   | 355      | Thiede, Philipp        | IGAS Wendland         | 1983 | 4. M35       | 0:46:00 | <a href="#">U</a> |
| 22.   | 192      | Lüders, Alexander      | Sülfeld               | 1981 | 5. M35       | 0:46:20 | <a href="#">U</a> |

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| 23. | 428 | Pascheka, Daniel            | Sammatz                     | 1991 | 8.  | Mä    | 0:46:54 | <a href="#">U</a> |
| 24. | 317 | Schwarz, Jürgen             | SC Lüchow                   | 1962 | 1.  | M55   | 0:47:19 | <a href="#">U</a> |
| 25. | 223 | Münch, Holger               | IGAS Wendland               | 1970 | 5.  | M45   | 0:47:27 | <a href="#">U</a> |
| 26. | 361 | Tornow, Moritz              | Zipfelstürmer               | 1984 | 6.  | M35   | 0:47:38 | <a href="#">U</a> |
| 27. | 32  | Brummund, Kai               | Schilfbeet Breese/Marsch    | 1986 | 7.  | M30   | 0:47:45 | <a href="#">U</a> |
| 28. | 409 | Zalewski, Malte             | TSV Friedrichsberg-Busdorf  | 1998 | 9.  | Mä    | 0:47:50 | <a href="#">U</a> |
| 29. | 239 | Pfau, Dirk                  | Buchholz                    | 1970 | 6.  | M45   | 0:47:55 | <a href="#">U</a> |
| 30. | 433 | Tischer, Olaf               | Sport Trend Braunschweig    | 1962 | 2.  | M55   | 0:47:57 | <a href="#">U</a> |
| 31. | 100 | Heermann, Hans-Joachim      | SC Lüchow                   | 1963 | 3.  | M55   | 0:47:59 | <a href="#">U</a> |
| 32. | 427 | Schneeberg, Paul            | VfL Breese/Langendorf       | 1997 | 10. | Mä    | 0:48:03 | <a href="#">U</a> |
| 33. | 359 | Tornow, Julian              | Zipfelstürmer               | 1980 | 7.  | M35   | 0:48:07 | <a href="#">U</a> |
| 34. | 136 | Kaiser, Simon               | VfL Suderburg               | 1978 | 1.  | M40   | 0:48:15 | <a href="#">U</a> |
| 35. | 243 | Pöthe, Thomas               | RSC Lüneburg Triathlon      | 1966 | 1.  | M50   | 0:48:20 | <a href="#">U</a> |
| 36. | 494 | Boehnke, Dominik            | Team Focus Uelzen           | 1998 | 11. | Mä    | 0:48:24 | <a href="#">U</a> |
| 37. | 138 | Kelm, Dennis                | Dannenberg                  | 1983 | 8.  | M35   | 0:48:31 | <a href="#">U</a> |
| 38. | 320 | Schwingel, Fabian           | Sparkasse                   | 1988 | 8.  | M30   | 0:48:32 | <a href="#">U</a> |
| 39. | 177 | Leist, Sidjiri Raphael      | TSV Hitzacker               | 2003 | 1.  | MJU18 | 0:48:44 | <a href="#">U</a> |
| 40. | 14  | Beckmann, Till              | Zeltlager Uelzen Röderhof   | 2003 | 2.  | MJU18 | 0:48:44 | <a href="#">U</a> |
| 41. | 89  | Habermann-Westphal, Falco   | Lüneburg                    | 1971 | 7.  | M45   | 0:48:53 | <a href="#">U</a> |
| 42. | 83  | Götze, Christoph            | USK Gifhorn Sommerbiathlon  | 1961 | 4.  | M55   | 0:49:01 | <a href="#">U</a> |
| 43. | 131 | Janke, Kai                  | TSV Wrestedt / Stederdorf   | 1989 | 9.  | M30   | 0:49:21 | <a href="#">U</a> |
| 44. | 80  | Gleißmann, Klaus            | TVU-LT-Uelzen               | 1963 | 5.  | M55   | 0:50:02 | <a href="#">U</a> |
| 45. | 47  | Doerr, Ole                  | SG Stern Hamburg            | 1967 | 2.  | M50   | 0:50:06 | <a href="#">U</a> |
| 46. | 429 | Brausch, Roland             | Sammatz                     | 1958 | 1.  | M60   | 0:50:23 | <a href="#">U</a> |
| 47. | 365 | Ullrich, Rüdiger            | LG Kreis Verden             | 1951 | 1.  | M65   | 0:50:44 | <a href="#">U</a> |
| 48. | 295 | Schröter, Antonio           | TSV Wrestedt / Stederdorf   | 1980 | 9.  | M35   | 0:50:49 | <a href="#">U</a> |
| 49. | 298 | Schütt, Nils                | Schramper Eck               | 1980 | 10. | M35   | 0:50:52 | <a href="#">U</a> |
| 50. | 124 | Huber, Noah-Jacob           | Ahrensburg                  | 2004 | 1.  | MJU16 | 0:50:57 | <a href="#">U</a> |
| 51. | 609 | Jüstel, Steffen             | Reit-u. Sportverein Bretsch | 1982 | 11. | M35   | 0:51:04 | <a href="#">U</a> |
| 52. | 75  | Galceran Holtappels, Andreu | ATS Buntentor Bremen        | 2001 | 1.  | MJU20 | 0:51:19 | <a href="#">U</a> |
| 53. | 480 | von Recgeberg, Falk         | BSL Lüneburg Triathlon      | 1973 | 8.  | M45   | 0:51:20 | <a href="#">U</a> |
| 54. | 247 | Potratz, Torben             | Fox-Training                | 1993 | 12. | Mä    | 0:51:22 | <a href="#">U</a> |
| 55. | 241 | Pfefferling, Stephan        | Dannenberg                  | 1983 | 12. | M35   | 0:51:31 | <a href="#">U</a> |
| 56. | 343 | Supplie, Markus             | IGAS Wendland               | 1975 | 2.  | M40   | 0:51:34 | <a href="#">U</a> |
| 57. | 315 | Schwarz, Steffen            | Laufftreff Bahrendorf       | 1961 | 6.  | M55   | 0:51:45 | <a href="#">U</a> |
| 58. | 134 | Jürgens, Matthias           | SV Molzen                   | 1972 | 9.  | M45   | 0:51:50 | <a href="#">U</a> |
| 59. | 463 | Wolfrath, Torben            | Fox Training                | 1980 | 13. | M35   | 0:51:52 | <a href="#">U</a> |
| 60. | 206 | Mennerich, André            | White Sharks Uelzen         | 1982 | 14. | M35   | 0:52:10 | <a href="#">U</a> |
| 61. | 64  | Fissahn, Lars               | Bielefeld                   | 1999 | 13. | Mä    | 0:52:11 | <a href="#">U</a> |
| 62. | 62  | Fischer, Jörg               | VfL Jesteburg               | 1974 | 10. | M45   | 0:52:12 | <a href="#">U</a> |
| 63. | 328 | Stahlberg, Jakob Levi       | Meckelfeld                  | 1971 | 11. | M45   | 0:52:15 | <a href="#">U</a> |
| 64. | 238 | Petrausch, Oliver Wer       | VfL Langendorf              | 1965 | 3.  | M50   | 0:52:20 | <a href="#">U</a> |
| 65. | 332 | Steingräber, Falk           | TVU-LT-Uelzen               | 1970 | 12. | M45   | 0:52:20 | <a href="#">U</a> |
| 66. | 277 | Schenk, Jan-Niklas          | Zeltlager Uelzen Röderhof   | 1988 | 10. | M30   | 0:52:26 | <a href="#">U</a> |
| 67. | 473 | Werner, Nicolas             | Niwe Bäder & Boden          | 1977 | 3.  | M40   | 0:52:27 | <a href="#">U</a> |
| 68. | 395 | Wieczorek, Jürgen           | Dannenberg                  | 1969 | 4.  | M50   | 0:52:27 | <a href="#">U</a> |
| 69. | 272 | Sandrock, Torsten           | Hamburg                     | 1983 | 15. | M35   | 0:52:30 | <a href="#">U</a> |
| 70. | 236 | Paul, Johannes              | TSV Wrestedt / Stederdorf   | 1991 | 14. | Mä    | 0:52:35 | <a href="#">U</a> |
| 71. | 263 | Ritter, Andreas             | TSV Thiede                  | 1962 | 7.  | M55   | 0:52:38 | <a href="#">U</a> |
| 72. | 401 | Winterhoff, Dirk            | IGAS Wendland               | 1963 | 8.  | M55   | 0:52:45 | <a href="#">U</a> |
| 73. | 91  | Hadrossek, Lukas            | TSV Hitzacker               | 2006 | 1.  | MJU14 | 0:52:52 | <a href="#">U</a> |
| 74. | 118 | Hoffmann, Gordon            | Herakliden-Team             | 1975 | 4.  | M40   | 0:52:56 | <a href="#">U</a> |
| 75. | 447 | Harmann, Uwe                | Wustrow                     | 1963 | 9.  | M55   | 0:52:57 | <a href="#">U</a> |
| 76. | 127 | Jacob, Arne                 | TSV Bienenbüttel            | 1969 | 5.  | M50   | 0:52:59 | <a href="#">U</a> |
| 77. | 384 | Warncke, Ronald             | Fitness First               | 1979 | 5.  | M40   | 0:53:08 | <a href="#">U</a> |
| 78. | 340 | Stukenbrok, Maik            | Altmarktourer               | 1974 | 13. | M45   | 0:53:17 | <a href="#">U</a> |
| 79. | 497 | Albrecht, Jens              | Feuerwehr Bleckede          | 1970 | 14. | M45   | 0:53:33 | <a href="#">U</a> |
| 80. | 157 | Kraaz, Timon                | Uelzen                      | 2000 | 2.  | MJU20 | 0:54:02 | <a href="#">U</a> |
| 81. | 266 | Röhrs, Dennis               | Lüneburg                    | 1977 | 6.  | M40   | 0:54:02 | <a href="#">U</a> |
| 82. | 142 | Ketelhöhn, Torben           | Hamburg                     | 2006 | 2.  | MJU14 | 0:54:11 | <a href="#">U</a> |

|      |     |                        |                                  |      |     |       |         |                   |
|------|-----|------------------------|----------------------------------|------|-----|-------|---------|-------------------|
| 83.  | 432 | Wilke, Ulf             | Hitzacker                        | 1973 | 15. | M45   | 0:54:13 | <a href="#">U</a> |
| 84.  | 71  | Frieling von, Ralf     | MTV Ashausen                     | 1967 | 6.  | M50   | 0:54:17 | <a href="#">U</a> |
| 85.  | 323 | Sevecke, Friedhelm     | RSC Lüneburg Triathlon           | 1966 | 7.  | M50   | 0:54:18 | <a href="#">U</a> |
| 86.  | 28  | Braasch, Jens-Uwe      | Schramper Eck                    | 1967 | 8.  | M50   | 0:54:21 | <a href="#">U</a> |
| 87.  | 291 | Schoenmakers, Jakob    | IGAS Wendland                    | 1973 | 16. | M45   | 0:54:25 | <a href="#">U</a> |
| 88.  | 267 | Römer, Sebastian       | Team Astroturfer                 | 1985 | 11. | M30   | 0:54:30 | <a href="#">U</a> |
| 89.  | 4   | Albertsen, Sönke       | Hamburg                          | 1967 | 9.  | M50   | 0:54:37 | <a href="#">U</a> |
| 90.  | 379 | Wagner, Thomas         | Elbmarschexpress                 | 1976 | 7.  | M40   | 0:54:40 | <a href="#">U</a> |
| 91.  | 57  | Eren, Levent           | SG Stern Hamburg                 | 1976 | 8.  | M40   | 0:54:51 | <a href="#">U</a> |
| 92.  | 252 | Quentin, Jörg          | TSV Bienenbüttel                 | 1963 | 10. | M55   | 0:54:58 | <a href="#">U</a> |
| 93.  | 326 | Speth, Paul            | Öjersjö / Schweden               | 1986 | 12. | M30   | 0:55:05 | <a href="#">U</a> |
| 94.  | 327 | Spijker, Rüdiger       | Tri-Michels Hamburg e.V.         | 1960 | 11. | M55   | 0:55:06 | <a href="#">U</a> |
| 95.  | 478 | Spillebeen, Uwe        | Team Dickfeitzen                 | 1957 | 2.  | M60   | 0:55:15 | <a href="#">U</a> |
| 96.  | 224 | Münster, Thomas        | SV-Gartow                        | 1965 | 10. | M50   | 0:55:17 | <a href="#">U</a> |
| 97.  | 261 | Riebeseel, Jens        | Team Dickfeitzen                 | 1969 | 11. | M50   | 0:55:21 | <a href="#">U</a> |
| 98.  | 105 | Henning, Manuel        | Apotheke Seepassage              | 1986 | 13. | M30   | 0:55:26 | <a href="#">U</a> |
| 99.  | 9   | Bartelt, Timo          | VfL Suderburg                    | 1974 | 17. | M45   | 0:55:31 | <a href="#">U</a> |
| 100. | 202 | Martens, Leon          | SC Lüchow                        | 1999 | 15. | Mä    | 0:55:35 | <a href="#">U</a> |
| 101. | 457 | Glöckner, Michael      | SG 03 Triathlon LWL              | 1970 | 18. | M45   | 0:55:40 | <a href="#">U</a> |
| 102. | 42  | Clausen, Henning       | VfL Jesteburg                    | 1961 | 12. | M55   | 0:55:45 | <a href="#">U</a> |
| 103. | 253 | Radou, Frédéric        | SG Stern Hamburg                 | 1967 | 12. | M50   | 0:55:47 | <a href="#">U</a> |
| 104. | 350 | Tenorio, Michael       | Berlin                           | 1961 | 13. | M55   | 0:55:58 | <a href="#">U</a> |
| 105. | 306 | Schulz, Michael        | Hitzacker                        | 1963 | 14. | M55   | 0:56:06 | <a href="#">U</a> |
| 106. | 144 | Kilian, Johannes       | Schilfbeet Breese/Marsch         | 1997 | 16. | Mä    | 0:56:09 | <a href="#">U</a> |
| 107. | 300 | Schuhmacher, Oliver    | MTV Dannenberg                   | 1976 | 9.  | M40   | 0:56:15 | <a href="#">U</a> |
| 108. | 439 | Aguilar Krause, Samuel | Neu Wulmstorf                    | 2006 | 3.  | MJU14 | 0:56:20 | <a href="#">U</a> |
| 109. | 438 | Agiular Krause, Elias  | Neu Wulmstorf                    | 2002 | 3.  | MJU18 | 0:56:20 | <a href="#">U</a> |
| 110. | 94  | Hanne, Jasper          | LSV Kreis Lüchow-Dannenberg e.V. | 1984 | 16. | M35   | 0:56:24 | <a href="#">U</a> |
| 111. | 498 | Brosse, Paul           | Hitzacker                        | 1999 | 17. | Mä    | 0:56:41 | <a href="#">U</a> |
| 112. | 230 | Noffke, Volker         | Triathlonfuchse Osterburg        | 1964 | 15. | M55   | 0:56:49 | <a href="#">U</a> |
| 113. | 222 | Müller, Marvin         | Hitzacker                        | 1992 | 18. | Mä    | 0:56:52 | <a href="#">U</a> |
| 114. | 436 | Aguilar, Pablo         | Neu Wulmstorf                    | 1975 | 10. | M40   | 0:56:52 | <a href="#">U</a> |
| 115. | 312 | Schulze, Dominik       | Schramper Eck                    | 1991 | 19. | Mä    | 0:56:56 | <a href="#">U</a> |
| 116. | 37  | Burmester, Reiner      | TSV Hitzacker                    | 1949 | 1.  | M70   | 0:57:02 | <a href="#">U</a> |
| 117. | 184 | Lohmann, Rolf Michael  | SG Stern Hamburg                 | 1960 | 16. | M55   | 0:57:03 | <a href="#">U</a> |
| 118. | 170 | Kullmann, Thomas       | Apotheke Seepassage              | 1988 | 14. | M30   | 0:57:04 | <a href="#">U</a> |
| 119. | 135 | Kabelitz, Norman       | DRK Rettungsdienst               | 1970 | 19. | M45   | 0:57:05 | <a href="#">U</a> |
| 120. | 168 | Kühl, Michel           | Herakliden-Team                  | 1977 | 11. | M40   | 0:57:09 | <a href="#">U</a> |
| 121. | 93  | Hagen, Frank           | VfL Suderburg                    | 1954 | 2.  | M65   | 0:57:14 | <a href="#">U</a> |
| 122. | 86  | Graser, Thomas         | MTV Himbergen                    | 1962 | 17. | M55   | 0:57:17 | <a href="#">U</a> |
| 123. | 467 | Tiedtke, Jörn          | Hitzacker                        | 1978 | 12. | M40   | 0:57:18 | <a href="#">U</a> |
| 124. | 22  | Bodendieck, Joachim    | RSC Lüneburg Triathlon           | 1962 | 18. | M55   | 0:57:19 | <a href="#">U</a> |
| 125. | 302 | Schulz, Günter         | IGAS Wendland                    | 1962 | 19. | M55   | 0:57:21 | <a href="#">U</a> |
| 126. | 611 | Kracke, Christian      | IGAS Wendland                    | 1963 | 20. | M55   | 0:57:22 | <a href="#">U</a> |
| 127. | 203 | Materne, Hartmut       | RSC Lüneburg                     | 1963 | 21. | M55   | 0:57:35 | <a href="#">U</a> |
| 128. | 116 | Höfels, Rainer         | Triabolos Hamburg e.V.           | 1966 | 13. | M50   | 0:57:36 | <a href="#">U</a> |
| 129. | 174 | Lange, Michael         | Villa Weinberg                   | 1959 | 3.  | M60   | 0:57:45 | <a href="#">U</a> |
| 130. | 311 | Schulz, Henrik         | TuS Wustrow                      | 1973 | 20. | M45   | 0:57:54 | <a href="#">U</a> |
| 131. | 451 | Tokarek, Thomas        | Team Erdinger Alkoholfrei        | 1959 | 4.  | M60   | 0:57:58 | <a href="#">U</a> |
| 132. | 179 | Liebert, Jörg          | MTV Fichte Winsen/Aller          | 1963 | 22. | M55   | 0:58:04 | <a href="#">U</a> |
| 133. | 411 | Ziegeler, Matthias     | Sparkasse                        | 1978 | 13. | M40   | 0:58:05 | <a href="#">U</a> |
| 134. | 150 | Koch, Jonas            | Hitzacker                        | 1994 | 20. | Mä    | 0:58:09 | <a href="#">U</a> |
| 135. | 341 | Subke, Robert          | Lemgow                           | 1992 | 21. | Mä    | 0:58:10 | <a href="#">U</a> |
| 136. | 130 | Jahncke, Nando         | Ludwigslust                      | 1976 | 14. | M40   | 0:58:13 | <a href="#">U</a> |
| 137. | 342 | Sültemeier, Jens       | TuS Liepe                        | 1976 | 15. | M40   | 0:58:13 | <a href="#">U</a> |
| 138. | 221 | Müller, Andreas        | TSV Schnega                      | 1968 | 14. | M50   | 0:58:14 | <a href="#">U</a> |
| 139. | 345 | Suschinski, Tom        | Apotheke Seepassage              | 1977 | 16. | M40   | 0:58:14 | <a href="#">U</a> |
| 140. | 256 | Reimers, Dietmar       | slow aber oho                    | 1956 | 5.  | M60   | 0:58:16 | <a href="#">U</a> |
| 141. | 101 | Heiden, Christian      | kein Verein                      | 1982 | 17. | M35   | 0:58:24 | <a href="#">U</a> |
| 142. | 605 | Ziehe, Siegfried       | SV Scharnebedck                  | 1962 | 23. | M55   | 0:58:31 | <a href="#">U</a> |

|      |     |                            |                           |      |     |       |         |                   |
|------|-----|----------------------------|---------------------------|------|-----|-------|---------|-------------------|
| 143. | 601 | Wladitschin, Denis         | Lüchow                    | 1995 | 22. | Mä    | 0:58:32 | <a href="#">U</a> |
| 144. | 213 | Mickerts, Thomas           | Dannenberg                | 1966 | 15. | M50   | 0:58:33 | <a href="#">U</a> |
| 145. | 146 | Klammroht, Tim             | kein Verein               | 1984 | 18. | M35   | 0:58:35 | <a href="#">U</a> |
| 146. | 187 | Luck, Elias                | IGAS Wendland             | 2003 | 4.  | MJU18 | 0:58:35 | <a href="#">U</a> |
| 147. | 191 | Lüdemann, Thorsten         | MTV Dannenberg            | 1974 | 21. | M45   | 0:58:44 | <a href="#">U</a> |
| 148. | 209 | Merkel -Wörthmann, Klaus   | IGAS Wendland             | 1959 | 6.  | M60   | 0:58:46 | <a href="#">U</a> |
| 149. | 31  | Bross, Heiko               | VfL Jesteburg             | 1964 | 24. | M55   | 0:58:47 | <a href="#">U</a> |
| 150. | 119 | Hofmann, Norbert           | VfL Jesteburg             | 1961 | 25. | M55   | 0:58:47 | <a href="#">U</a> |
| 151. | 450 | Wernicke, Marcus           | Eintracht Clenze          | 1977 | 17. | M40   | 0:58:59 | <a href="#">U</a> |
| 152. | 385 | Wegener, Luka              | Braunschweig              | 1998 | 23. | Mä    | 0:59:02 | <a href="#">U</a> |
| 153. | 389 | Wellmann, Michael          | Schramper Eck             | 1972 | 22. | M45   | 0:59:04 | <a href="#">U</a> |
| 154. | 196 | Magill, Christian          | adidas Runners Hamburg    | 1971 | 23. | M45   | 0:59:09 | <a href="#">U</a> |
| 155. | 125 | Huch, Matthias             | RSC Lüneburg Triathlon    | 1974 | 24. | M45   | 0:59:19 | <a href="#">U</a> |
| 156. | 188 | Luck, Fynn                 | IGAS Wendland             | 2006 | 4.  | MJU14 | 0:59:22 | <a href="#">U</a> |
| 157. | 271 | Ryll, Jens                 | TSV Bienenbüttel          | 1971 | 25. | M45   | 0:59:34 | <a href="#">U</a> |
| 158. | 287 | Schmitz, Alexander         | Apotheke Seepassage       | 1977 | 18. | M40   | 0:59:36 | <a href="#">U</a> |
| 159. | 325 | Sobczak, Udo               | Team Astroturfer          | 1955 | 7.  | M60   | 0:59:38 | <a href="#">U</a> |
| 160. | 285 | Schmidt, Volker            | Team Sinn Weine           | 1963 | 26. | M55   | 0:59:42 | <a href="#">U</a> |
| 161. | 471 | Timm, Sven                 | Casas Rurales             | 1962 | 27. | M55   | 0:59:51 | <a href="#">U</a> |
| 162. | 178 | Lemke, Rayk                | SV Eintracht Salzwedel    | 1970 | 26. | M45   | 1:00:11 | <a href="#">U</a> |
| 163. | 240 | Pfau, Jan                  | OfflineVibe.de            | 1997 | 24. | Mä    | 1:00:15 | <a href="#">U</a> |
| 164. | 182 | Limbart, Justus            | Schilfbeet Breese/Marsch  | 1986 | 15. | M30   | 1:00:15 | <a href="#">U</a> |
| 165. | 55  | Eilmann, Hans-Wilhelm      | Feuerwehr Stadt Bleckede  | 1963 | 28. | M55   | 1:00:19 | <a href="#">U</a> |
| 166. | 394 | Wetzel, Sören              | TSV Hitzacker             | 1994 | 25. | Mä    | 1:00:22 | <a href="#">U</a> |
| 167. | 82  | Götz, Malte                | Schilfbeet Breese/Marsch  | 1995 | 26. | Mä    | 1:00:25 | <a href="#">U</a> |
| 168. | 388 | Weiss, Eike                | TSV Hitzacker             | 1975 | 19. | M40   | 1:00:26 | <a href="#">U</a> |
| 169. | 143 | Kien, Niko                 | Sönkes Süßkartoffeln      | 1988 | 16. | M30   | 1:00:31 | <a href="#">U</a> |
| 170. | 460 | Hübner, Hendrik            | Dörpe                     | 1968 | 16. | M50   | 1:00:57 | <a href="#">U</a> |
| 171. | 141 | Ketelhöhn, Thomas          | Hamburg                   | 1968 | 17. | M50   | 1:01:00 | <a href="#">U</a> |
| 172. | 296 | Schröter, Leon             | TSV Wrestedt / Stederdorf | 2006 | 5.  | MJU14 | 1:01:04 | <a href="#">U</a> |
| 173. | 421 | Schmitz, Leander           | Apotheke Seepassage       | 2004 | 2.  | MJU16 | 1:01:04 | <a href="#">U</a> |
| 174. | 262 | Rieck, Mirko               | SV Eintracht Salzwedel    | 1970 | 27. | M45   | 1:01:14 | <a href="#">U</a> |
| 175. | 257 | Reimers, Henrik            | SVG Lüneburg              | 1975 | 20. | M40   | 1:01:15 | <a href="#">U</a> |
| 176. | 482 | Caslcagnile, Giancarlo     | Hamburg                   | 1982 | 19. | M35   | 1:01:25 | <a href="#">U</a> |
| 177. | 281 | Schlottner, Jakob          | Schilfbeet Breese/Marsch  | 1995 | 27. | Mä    | 1:01:30 | <a href="#">U</a> |
| 178. | 128 | Jacob, Melvin              | Fox-Training              | 2000 | 3.  | MJU20 | 1:01:30 | <a href="#">U</a> |
| 179. | 117 | Hörath, Felix              | Walmsburg                 | 1981 | 20. | M35   | 1:01:31 | <a href="#">U</a> |
| 180. | 29  | Bremenkamp, Marc           | TSV Hitzacker             | 1979 | 21. | M40   | 1:01:42 | <a href="#">U</a> |
| 181. | 288 | Schmitz, Hannes            | Schilfbeet Breese/Marsch  | 1991 | 28. | Mä    | 1:01:48 | <a href="#">U</a> |
| 182. | 148 | Knop, Egon                 | SG Stern Hamburg          | 1952 | 3.  | M65   | 1:01:51 | <a href="#">U</a> |
| 183. | 197 | Mangold, Alfred            | SV Munster                | 1953 | 4.  | M65   | 1:02:01 | <a href="#">U</a> |
| 184. | 171 | Kwaschnik, Sebastian       | Gollau                    | 1978 | 22. | M40   | 1:02:06 | <a href="#">U</a> |
| 185. | 185 | Lohmann, Ralf              | VfL Jesteburg             | 1962 | 29. | M55   | 1:02:09 | <a href="#">U</a> |
| 186. | 437 | Weyel, Martin              | Hitzacker                 | 1950 | 5.  | M65   | 1:02:20 | <a href="#">U</a> |
| 187. | 380 | Walenda, Rolf              | TUS Celle 92              | 1953 | 6.  | M65   | 1:02:21 | <a href="#">U</a> |
| 188. | 339 | Strilziw, Benjamin         | Tripmunks                 | 1988 | 17. | M30   | 1:02:22 | <a href="#">U</a> |
| 189. | 495 | Gerlich, Michael           | TVU-LT-Uelzen             | 1963 | 30. | M55   | 1:02:23 | <a href="#">U</a> |
| 190. | 58  | Eschbaumer, Michel         | Hamburg                   | 1970 | 28. | M45   | 1:02:27 | <a href="#">U</a> |
| 191. | 74  | Gaeth, Steffen             | Ludwigslust               | 1980 | 21. | M35   | 1:02:27 | <a href="#">U</a> |
| 192. | 279 | Scheppmann, Dennis         | SC Lüchow                 | 1986 | 18. | M30   | 1:02:31 | <a href="#">U</a> |
| 193. | 244 | Pohl, Andreas              | MTV Dannenberg Bogesport  | 1959 | 8.  | M60   | 1:02:34 | <a href="#">U</a> |
| 194. | 374 | von Schack, Carl Friedrich | Lüneburg                  | 1963 | 31. | M55   | 1:02:36 | <a href="#">U</a> |
| 195. | 249 | Pruin, Bernard             | Team Sinn-Weine           | 1965 | 18. | M50   | 1:02:36 | <a href="#">U</a> |
| 196. | 103 | Heinke, Julian             | Lüneburg                  | 1989 | 19. | M30   | 1:02:39 | <a href="#">U</a> |
| 197. | 219 | Müller, Marcel             | SC Lüchow                 | 2000 | 4.  | MJU20 | 1:02:42 | <a href="#">U</a> |
| 198. | 169 | Kühne, Manfred             | TSV Hitzacker             | 1960 | 32. | M55   | 1:02:47 | <a href="#">U</a> |
| 199. | 402 | Wischhof, Dirk             | TSV Auetal                | 1970 | 29. | M45   | 1:02:48 | <a href="#">U</a> |
| 200. | 331 | Steinberg, René            | TSV Hitzacker             | 1977 | 23. | M40   | 1:02:55 | <a href="#">U</a> |
| 201. | 486 | Koch, Martin               | LG SV Hanstedt II         | 1985 | 20. | M30   | 1:02:56 | <a href="#">U</a> |
| 202. | 43  | Conrad, Claus-Dieter       | Danndorf                  | 1961 | 33. | M55   | 1:02:59 | <a href="#">U</a> |

|      |     |                           |                                       |      |     |       |         |                   |
|------|-----|---------------------------|---------------------------------------|------|-----|-------|---------|-------------------|
| 203. | 472 | List, Dennis              | LSG Handorf                           | 1974 | 30. | M45   | 1:03:04 | <a href="#">U</a> |
| 204. | 462 | Buchhap, Julian           | White Sharks Uelzen                   | 1987 | 21. | M30   | 1:03:11 | <a href="#">U</a> |
| 205. | 417 | Gutzeit, Axel             | TSV Hitzacker                         | 1984 | 22. | M35   | 1:03:14 | <a href="#">U</a> |
| 206. | 420 | Voß, Benjamin Tobias      | TSV Hitzacker                         | 1988 | 22. | M30   | 1:03:15 | <a href="#">U</a> |
| 207. | 48  | Dr. Sander, Axel          | LG Außenmühle                         | 1955 | 9.  | M60   | 1:03:18 | <a href="#">U</a> |
| 208. | 446 | Krause, Milan             | VFL 93 Hamburg                        | 2004 | 3.  | MJU16 | 1:03:20 | <a href="#">U</a> |
| 209. | 444 | Krause, Ulf               | Hamburg                               | 1974 | 31. | M45   | 1:03:20 | <a href="#">U</a> |
| 210. | 330 | Steffen, Eyke             | Hamburg                               | 1993 | 29. | Mä    | 1:03:25 | <a href="#">U</a> |
| 211. | 73  | Fröhlich, Maximilian      | SC Lüchow                             | 2004 | 4.  | MJU16 | 1:03:34 | <a href="#">U</a> |
| 212. | 204 | Mattiesch, Niko           | SV Lemgow-Dangenstorf                 | 1979 | 24. | M40   | 1:03:37 | <a href="#">U</a> |
| 213. | 443 | Gräfe, Andre              | Staßfurt                              | 1985 | 23. | M30   | 1:03:38 | <a href="#">U</a> |
| 214. | 63  | Fischer, Frank            | Tripmunks                             | 1964 | 34. | M55   | 1:03:40 | <a href="#">U</a> |
| 215. | 280 | Schilla, Henning          | TVU-LT-Uelzen                         | 1962 | 35. | M55   | 1:03:44 | <a href="#">U</a> |
| 216. | 356 | Thiele, Jürgen            | TuS Wustrow                           | 1968 | 19. | M50   | 1:03:45 | <a href="#">U</a> |
| 217. | 351 | Teubler, Christian        | The Running Dead                      | 1971 | 32. | M45   | 1:03:46 | <a href="#">U</a> |
| 218. | 319 | Schwerin, Horst           | Läuft doch                            | 1961 | 36. | M55   | 1:03:49 | <a href="#">U</a> |
| 219. | 45  | Denker, Wolfgang          | SV Altengamme                         | 1968 | 20. | M50   | 1:04:08 | <a href="#">U</a> |
| 220. | 19  | Bindemann, Erik           | MOODMOOD Endurance Team               | 1990 | 30. | Mä    | 1:04:15 | <a href="#">U</a> |
| 221. | 469 | Schepanski, Ronny         | Frisch auf Neu Lüblow                 | 1980 | 23. | M35   | 1:04:15 | <a href="#">U</a> |
| 222. | 310 | Schulz, Friedrich-Wilhelm | TSV Wrestedt / Stederdorf             | 1960 | 37. | M55   | 1:04:16 | <a href="#">U</a> |
| 223. | 604 | Northe, Christian         | TSV-Hitzacker                         | 1952 | 7.  | M65   | 1:04:18 | <a href="#">U</a> |
| 224. | 333 | Steinhorst, Jürgen        | BSG Hochbahn/BSV HH                   | 1953 | 8.  | M65   | 1:04:20 | <a href="#">U</a> |
| 225. | 114 | Hielscher, Lutz           | Gusborn                               | 1964 | 38. | M55   | 1:04:25 | <a href="#">U</a> |
| 226. | 367 | Völsch, Patrick           | TSV Hitzacker                         | 1991 | 31. | Mä    | 1:04:27 | <a href="#">U</a> |
| 227. | 346 | Suse, Hans-Werner         | Team Erdinger Alkoholfrei             | 1957 | 10. | M60   | 1:04:34 | <a href="#">U</a> |
| 228. | 292 | Schramm, Lars             | IGAS Wendland                         | 1979 | 25. | M40   | 1:04:37 | <a href="#">U</a> |
| 229. | 308 | Schulz, Otti              | Die späten Raketen                    | 1959 | 11. | M60   | 1:04:38 | <a href="#">U</a> |
| 230. | 334 | Steinmann, Frank          | TSV Niendorf/Halligdorf von 1921 e.V. | 1967 | 21. | M50   | 1:04:38 | <a href="#">U</a> |
| 231. | 52  | Eggert, Andreas           | SG Stern Hamburg                      | 1967 | 22. | M50   | 1:04:42 | <a href="#">U</a> |
| 232. | 147 | Klein, Björn              | Lüneburg                              | 1978 | 26. | M40   | 1:04:46 | <a href="#">U</a> |
| 233. | 307 | Schulz, Sven              | MTV Ashausen                          | 1976 | 27. | M40   | 1:04:46 | <a href="#">U</a> |
| 234. | 474 | Boness, Thomas            | Handorf                               | 1976 | 28. | M40   | 1:04:56 | <a href="#">U</a> |
| 235. | 246 | Potratz, Andreas          | Fox-Training                          | 1970 | 33. | M45   | 1:05:04 | <a href="#">U</a> |
| 236. | 60  | Fey, Piet                 | Elbmarschexpress                      | 1965 | 23. | M50   | 1:05:17 | <a href="#">U</a> |
| 237. | 33  | Brummund, Gerd            | Schilfbeet Breese/Marsch              | 1959 | 12. | M60   | 1:05:50 | <a href="#">U</a> |
| 238. | 294 | Schröder, Martin          | TSV Hitzacker                         | 1959 | 13. | M60   | 1:05:58 | <a href="#">U</a> |
| 239. | 228 | Niemann, Bernd            | MTV Himbergen                         | 1965 | 24. | M50   | 1:06:01 | <a href="#">U</a> |
| 240. | 278 | Schenke, Stefan           | Zipfelstürmer                         | 1976 | 29. | M40   | 1:06:13 | <a href="#">U</a> |
| 241. | 5   | Andre, Christopher        | Hamburg                               | 1965 | 25. | M50   | 1:06:19 | <a href="#">U</a> |
| 242. | 364 | Ulbrich, Thomas           | SG Stern Hamburg                      | 1964 | 39. | M55   | 1:06:38 | <a href="#">U</a> |
| 243. | 72  | Frisch, Gernot            | TuS Wustrow                           | 1961 | 40. | M55   | 1:06:40 | <a href="#">U</a> |
| 244. | 156 | Kotzur, Sascha            | Adendorf                              | 1972 | 34. | M45   | 1:06:40 | <a href="#">U</a> |
| 245. | 160 | Krehl, Heiko              | Schilfbeet Breese/Marsch              | 1969 | 26. | M50   | 1:06:53 | <a href="#">U</a> |
| 246. | 49  | Duda, Rudi                | SG Stern Hamburg                      | 1941 | 1.  | M75   | 1:07:01 | <a href="#">U</a> |
| 247. | 500 | Brosse, Jan               | Hitzacker                             | 2002 | 5.  | MJU18 | 1:07:10 | <a href="#">U</a> |
| 248. | 441 | Wojak, Stefan             | Berlin                                | 1986 | 24. | M30   | 1:07:16 | <a href="#">U</a> |
| 249. | 297 | Schüler, Stephan          | Fox-Training                          | 1969 | 27. | M50   | 1:07:22 | <a href="#">U</a> |
| 250. | 335 | Stern, Karsten            | Hitzacker                             | 1976 | 30. | M40   | 1:07:32 | <a href="#">U</a> |
| 251. | 245 | Posluschny, Remco         | Dannenberg                            | 1981 | 24. | M35   | 1:07:41 | <a href="#">U</a> |
| 252. | 448 | Prätsch, Ulli             | Triabolas                             | 1947 | 2.  | M70   | 1:07:47 | <a href="#">U</a> |
| 253. | 468 | Berger, Trago             | SV Lemgow-Dangenstorf                 | 2006 | 6.  | MJU14 | 1:07:55 | <a href="#">U</a> |
| 254. | 190 | Lüdemann, Rainer          | DRK Rettungsdienst                    | 1974 | 35. | M45   | 1:07:57 | <a href="#">U</a> |
| 255. | 97  | Harms, Immo               | Dannenberg                            | 1967 | 28. | M50   | 1:08:01 | <a href="#">U</a> |
| 256. | 231 | Oeser, Pierre             | Team Hasselbach                       | 1982 | 25. | M35   | 1:08:20 | <a href="#">U</a> |
| 257. | 227 | Nickelt, Sandro           | Walmsburg                             | 1981 | 26. | M35   | 1:08:42 | <a href="#">U</a> |
| 258. | 354 | Theben, Anton             | Hitzacker                             | 2009 | 1.  | MKU12 | 1:08:47 | <a href="#">U</a> |
| 259. | 485 | Börchers, Linea           | Herakliden-Team                       | 1997 | 32. | Mä    | 1:08:47 | <a href="#">U</a> |
| 260. | 23  | Börchers, Harald          | Herakliden-Team                       | 1966 | 29. | M50   | 1:08:48 | <a href="#">U</a> |
| 261. | 352 | Theben, Martin            | Hitzacker                             | 1978 | 31. | M40   | 1:08:49 | <a href="#">U</a> |
| 262. | 424 | Schroedel, Kay            | Fox-Training                          | 1986 | 25. | M30   | 1:08:53 | <a href="#">U</a> |

|      |     |                          |                             |      |     |       |         |                   |
|------|-----|--------------------------|-----------------------------|------|-----|-------|---------|-------------------|
| 263. | 195 | Machel, Gerhard          | Post-SV Uelzen              | 1965 | 30. | M50   | 1:08:55 | <a href="#">U</a> |
| 264. | 158 | Kraaz, Udo               | Uelzen                      | 1965 | 31. | M50   | 1:09:05 | <a href="#">U</a> |
| 265. | 217 | Müller, Hans-Werner      | SG Stern Hamburg            | 1951 | 9.  | M65   | 1:09:05 | <a href="#">U</a> |
| 266. | 363 | Tornow Lafuente, Jendrik | Zipfelstürmer               | 2011 | 1.  | MKU10 | 1:09:12 | <a href="#">U</a> |
| 267. | 7   | Averbeck, Jörn           | MTV Gerdau                  | 1987 | 26. | M30   | 1:09:14 | <a href="#">U</a> |
| 268. | 218 | Müller, Peter            | Dömitz                      | 1959 | 14. | M60   | 1:09:18 | <a href="#">U</a> |
| 269. | 123 | Huber, Joachim           | Ahrensburg                  | 1969 | 32. | M50   | 1:09:21 | <a href="#">U</a> |
| 270. | 139 | Kern, René               | TSV Hitzacker               | 1960 | 41. | M55   | 1:09:27 | <a href="#">U</a> |
| 271. | 368 | Vogler, Bernd            | Lüchow                      | 1969 | 33. | M50   | 1:09:32 | <a href="#">U</a> |
| 272. | 225 | Muschner, Felix          | TV Uelzen                   | 1998 | 33. | Mä    | 1:09:34 | <a href="#">U</a> |
| 273. | 366 | Vertein, Tony            | Laufftreff Bahrendorf       | 1987 | 27. | M30   | 1:09:45 | <a href="#">U</a> |
| 274. | 11  | Barz, Anton              | ATS Buntentor               | 2010 | 2.  | MKU10 | 1:09:52 | <a href="#">U</a> |
| 275. | 464 | Hinkelmann, Jan-Ole      | FF Jameln                   | 1979 | 32. | M40   | 1:10:15 | <a href="#">U</a> |
| 276. | 290 | Schöning, Markus         | Wendlandgrüne               | 1969 | 34. | M50   | 1:10:25 | <a href="#">U</a> |
| 277. | 484 | Schmidt, Holger          | Herakliden-Team             | 1970 | 36. | M45   | 1:10:41 | <a href="#">U</a> |
| 278. | 397 | Wiepking, Wolfgang       | MTV Dannenberg              | 1953 | 10. | M65   | 1:10:49 | <a href="#">U</a> |
| 279. | 490 | Flockenhaus, Olaf        | Laufftreff-TV-Uelzen        | 1965 | 35. | M50   | 1:11:19 | <a href="#">U</a> |
| 280. | 275 | Schelenz, Kai            | Team Hasselbach             | 1986 | 28. | M30   | 1:11:20 | <a href="#">U</a> |
| 281. | 316 | Schwarz, Gero            | Läuft doch                  | 1963 | 42. | M55   | 1:11:29 | <a href="#">U</a> |
| 282. | 440 | Merten, Marcel           | TVU Uelzen                  | 1988 | 29. | M30   | 1:12:03 | <a href="#">U</a> |
| 283. | 321 | Stark, Oliver            | Fox-Training                | 1973 | 37. | M45   | 1:12:08 | <a href="#">U</a> |
| 284. | 66  | Fox, Robin               | Fox-Training                | 1982 | 27. | M35   | 1:12:09 | <a href="#">U</a> |
| 285. | 39  | Cetin, Rifar             | Fox-Training                | 1977 | 33. | M40   | 1:12:10 | <a href="#">U</a> |
| 286. | 431 | Reinhold, Steffen        | Bleckede                    | 1977 | 34. | M40   | 1:12:12 | <a href="#">U</a> |
| 287. | 258 | Reinhold, Andreas        | Neu Darchau OT.Klein Kühren | 1973 | 38. | M45   | 1:12:12 | <a href="#">U</a> |
| 288. | 242 | Plate, Christian         | IGAS Wendland               | 1964 | 43. | M55   | 1:12:51 | <a href="#">U</a> |
| 289. | 25  | Bohlmann, Marc           | Schilfbeet Breese/Marsch    | 1976 | 35. | M40   | 1:12:56 | <a href="#">U</a> |
| 290. | 30  | Bröhan, Tim              | Schilfbeet Breese/Marsch    | 1988 | 30. | M30   | 1:13:03 | <a href="#">U</a> |
| 291. | 65  | Fissahn, Robert          | Bielefeld                   | 1964 | 44. | M55   | 1:13:50 | <a href="#">U</a> |
| 292. | 162 | Kröger, Jan              | TSV Ilmer Weg               | 1967 | 36. | M50   | 1:13:58 | <a href="#">U</a> |
| 293. | 425 | Babbel, Ingo             | Canicross-Outdoorsports     | 1972 | 39. | M45   | 1:14:02 | <a href="#">U</a> |
| 294. | 112 | Heuer, Jörg              | MTV Ashausen                | 1970 | 40. | M45   | 1:14:12 | <a href="#">U</a> |
| 295. | 44  | Deinert, Holmer          | IGAS Wendland               | 1956 | 15. | M60   | 1:14:47 | <a href="#">U</a> |
| 296. | 434 | Abraham, Jens            | TV.U-LT-Uelzen              | 1977 | 36. | M40   | 1:15:04 | <a href="#">U</a> |
| 297. | 145 | Kindler, Martin          | Dömitz                      | 1988 | 31. | M30   | 1:15:10 | <a href="#">U</a> |
| 298. | 115 | Hillgner, Thorsten       | TSV Ilmer Weg               | 1967 | 37. | M50   | 1:15:21 | <a href="#">U</a> |
| 299. | 254 | Reichert, Thorsten       | Dannenberg                  | 1969 | 38. | M50   | 1:15:59 | <a href="#">U</a> |
| 300. | 51  | Eggers, Frank            | MTV Ashausen                | 1966 | 39. | M50   | 1:17:37 | <a href="#">U</a> |
| 301. | 126 | Huget, Arnold Ronald     | Sport-Art-Lüchow            | 1952 | 11. | M65   | 1:17:46 | <a href="#">U</a> |
| 302. | 229 | Nitscher, Steffen        | DRK Rettungsdienst          | 1979 | 37. | M40   | 1:18:48 | <a href="#">U</a> |
| 303. | 403 | Wladitschin, Oleg        | Schilfbeet Breese/Marsch    | 1992 | 34. | Mä    | 1:18:53 | <a href="#">U</a> |
| 304. | 50  | Dudas, Kolja             | Hamburg                     | 1994 | 35. | Mä    | 1:19:09 | <a href="#">U</a> |
| 305. | 159 | Krampitz, Marcel         | TSV Hitzacker               | 1991 | 36. | Mä    | 1:19:38 | <a href="#">U</a> |
| 306. | 122 | Host, Michael            | Jugendhof Godewin           | 1980 | 28. | M35   | 1:22:53 | <a href="#">U</a> |
| 307. | 137 | Kamrad, Hubert           | SG Stern Hamburg            | 1955 | 16. | M60   | 1:24:06 | <a href="#">U</a> |
| 308. | 383 | Wannovius, Kay           | TVU-LT-Uelzen               | 1954 | 12. | M65   | 1:24:22 | <a href="#">U</a> |
| 309. | 210 | Mertins, Holger          | TSV Hitzacker               | 1961 | 45. | M55   | 1:27:19 | <a href="#">U</a> |
| 310. | 194 | Lüthje, Klaus            | vfl lohbrügge               | 1952 | 13. | M65   | 1:30:46 | <a href="#">U</a> |
| 311. | 301 | Schulz, Norbert          | Karwitz/Lenzen              | 1961 | 46. | M55   | 1:32:23 | <a href="#">U</a> |
| 312. | 303 | Schulz, Bernd            | Karwitz-Lenzen              | 1957 | 17. | M60   | 1:32:23 | <a href="#">U</a> |
| 313. | 96  | Harms, Hauke             | Läuft doch                  | 1989 | 32. | M30   | 1:32:37 | <a href="#">U</a> |
| 314. | 121 | Host, Elias              | Jugendhof Godewin           | 2009 | 2.  | MKU12 | 1:38:10 | <a href="#">U</a> |
| 315. | 207 | Menzel, Klaus            | musica viva Hitzacker       | 1961 | 47. | M55   | 1:42:13 | <a href="#">U</a> |
| 316. | 289 | Schönfelder, Siegfried   | Schilfbeet Breese/Marsch    | 1951 | 14. | M65   | 1:42:14 | <a href="#">U</a> |

## Mannschaftswertungen (mixed) 10 km - Lauf

|     |                  |              |                         |
|-----|------------------|--------------|-------------------------|
| 1.  | Team Astroturfer | 4:34:26      | <a href="#">Urkunde</a> |
| 293 | Schröder, Arne   | 1987 0:42:17 |                         |
| 35  | Büchner, Dennis  | 1981 0:43:06 |                         |

|     |     |                            |      |         |                         |
|-----|-----|----------------------------|------|---------|-------------------------|
|     | 267 | Römer, Sebastian           | 1985 | 0:54:30 |                         |
|     | 269 | Ruelius-Mangold, Annette   | 1955 | 1:05:17 |                         |
|     | 324 | Sobczak, Antje             | 1954 | 1:09:16 |                         |
| 2.  |     | SC Lüchow                  |      | 4:44:01 | <a href="#">Urkunde</a> |
|     | 317 | Schwarz, Jürgen            | 1962 | 0:47:19 |                         |
|     | 100 | Heermann, Hans-Joachim     | 1963 | 0:47:59 |                         |
|     | 202 | Martens, Leon              | 1999 | 0:55:35 |                         |
|     | 220 | Müller, Petra              | 1973 | 1:03:58 |                         |
|     | 149 | Koch, Lea Marie            | 2000 | 1:09:10 |                         |
| 3.  |     | TVU-LT-Uelzen 1            |      | 4:44:49 | <a href="#">Urkunde</a> |
|     | 80  | Gleißmann, Klaus           | 1963 | 0:50:02 |                         |
|     | 332 | Steingräber, Falk          | 1970 | 0:52:20 |                         |
|     | 193 | Lüneborg, Anja             | 1968 | 0:56:21 |                         |
|     | 495 | Gerlich, Michael           | 1963 | 1:02:23 |                         |
|     | 382 | Wannovius, Martina         | 1964 | 1:03:43 |                         |
| 4.  |     | TSV Hitzacker              |      | 4:48:52 | <a href="#">Urkunde</a> |
|     | 177 | Leist, Sidjiri Raphael     | 2003 | 0:48:44 |                         |
|     | 91  | Hadrossek, Lukas           | 2006 | 0:52:52 |                         |
|     | 37  | Burmester, Reiner          | 1949 | 0:57:02 |                         |
|     | 110 | Herrmann, Turid            | 2001 | 0:59:45 |                         |
|     | 393 | Wetzel, Tabea              | 1992 | 1:10:29 |                         |
| 5.  |     | Schilfbeet Breese/Marsch 1 |      | 4:56:06 | <a href="#">Urkunde</a> |
|     | 32  | Brummund, Kai              | 1986 | 0:47:45 |                         |
|     | 144 | Kilian, Johannes           | 1997 | 0:56:09 |                         |
|     | 182 | Limbart, Justus            | 1986 | 1:00:15 |                         |
|     | 189 | Lückel, Daniela            | 1990 | 1:05:23 |                         |
|     | 20  | Blase, Johanna Ira         | 1990 | 1:06:34 |                         |
| 6.  |     | Fox-Training 1             |      | 5:06:37 | <a href="#">Urkunde</a> |
|     | 247 | Potratz, Torben            | 1993 | 0:51:22 |                         |
|     | 128 | Jacob, Melvin              | 2000 | 1:01:30 |                         |
|     | 422 | Meinecke, Susanne          | 1973 | 1:02:16 |                         |
|     | 246 | Potratz, Andreas           | 1970 | 1:05:04 |                         |
|     | 426 | Dau, Kira                  | 2003 | 1:06:25 |                         |
| 7.  |     | Apotheke Seepassage        |      | 5:07:08 | <a href="#">Urkunde</a> |
|     | 105 | Henning, Manuel            | 1986 | 0:55:26 |                         |
|     | 313 | Schumacher, Thekla         | 1974 | 0:57:04 |                         |
|     | 170 | Kullmann, Thomas           | 1988 | 0:57:04 |                         |
|     | 345 | Suschinski, Tom            | 1977 | 0:58:14 |                         |
|     | 418 | Ahl, Julia                 | 1983 | 1:19:20 |                         |
| 8.  |     | Zipfelstürmer              |      | 5:07:30 | <a href="#">Urkunde</a> |
|     | 361 | Tornow, Moritz             | 1984 | 0:47:38 |                         |
|     | 359 | Tornow, Julian             | 1980 | 0:48:07 |                         |
|     | 278 | Schenke, Stefan            | 1976 | 1:06:13 |                         |
|     | 173 | Lafuente Hernández, Elisa  | 1984 | 1:09:11 |                         |
|     | 362 | Tornow Lafuente, Núria     | 2010 | 1:16:21 |                         |
| 9.  |     | SG Stern Hamburg           |      | 5:07:34 | <a href="#">Urkunde</a> |
|     | 47  | Doerr, Ole                 | 1967 | 0:50:06 |                         |
|     | 57  | Eren, Levent               | 1976 | 0:54:51 |                         |
|     | 253 | Radou, Frédéric            | 1967 | 0:55:47 |                         |
|     | 391 | Wendt, Mareike             | 1969 | 1:09:51 |                         |
|     | 78  | Geisler, Lara              | 1993 | 1:16:59 |                         |
| 10. |     | Post-SV Uelzen             |      | 5:18:57 | <a href="#">Urkunde</a> |
|     | 398 | Wiethake, Kerstin          | 1960 | 0:54:46 |                         |

|     |     |                            |      |         |                         |
|-----|-----|----------------------------|------|---------|-------------------------|
|     | 358 | Tipp, Franziska            | 1992 | 0:56:57 |                         |
|     | 338 | Stolte, Dagmar             | 1970 | 1:03:15 |                         |
|     | 195 | Machel, Gerhard            | 1965 | 1:08:55 |                         |
|     | 175 | Langkabel, Birgit          | 1963 | 1:15:04 |                         |
| 11. |     | Schilfbeet Breese/Marsch 2 |      | 5:34:53 | <a href="#">Urkunde</a> |
|     | 82  | Götz, Malte                | 1995 | 1:00:25 |                         |
|     | 281 | Schlottner, Jakob          | 1995 | 1:01:30 |                         |
|     | 288 | Schmitz, Hannes            | 1991 | 1:01:48 |                         |
|     | 34  | Brummund, Svenja           | 1992 | 1:12:56 |                         |
|     | 286 | Schmitz, Lilo              | 1949 | 1:18:14 |                         |
| 12. |     | Fox-Training 2             |      | 5:38:21 | <a href="#">Urkunde</a> |
|     | 413 | Zierau, Martina            | 1974 | 1:06:51 |                         |
|     | 336 | Sternberg, Silke           | 1960 | 1:06:51 |                         |
|     | 297 | Schüler, Stephan           | 1969 | 1:07:22 |                         |
|     | 40  | Cetin, Janine              | 1994 | 1:08:26 |                         |
|     | 406 | Wolff, Karen               | 1991 | 1:08:51 |                         |
| 13. |     | TVU-LT-Uelzen 2            |      | 5:41:16 | <a href="#">Urkunde</a> |
|     | 133 | Joswig, Marion             | 1965 | 1:03:43 |                         |
|     | 280 | Schilla, Henning           | 1962 | 1:03:44 |                         |
|     | 1   | Abraham, Rabia             | 1979 | 1:04:25 |                         |
|     | 250 | Przybylski, Jana           | 1974 | 1:05:02 |                         |
|     | 383 | Wannovius, Kay             | 1954 | 1:24:22 |                         |
| 14. |     | MTV Ashausen               |      | 5:41:43 | <a href="#">Urkunde</a> |
|     | 71  | Frieling von, Ralf         | 1967 | 0:54:17 |                         |
|     | 307 | Schulz, Sven               | 1976 | 1:04:46 |                         |
|     | 81  | Gödecke, Stefanie          | 1985 | 1:12:14 |                         |
|     | 112 | Heuer, Jörg                | 1970 | 1:14:12 |                         |
|     | 234 | Pape, Stephanie            | 1972 | 1:16:14 |                         |
| 15. |     | Schilfbeet Breese/Marsch 3 |      | 6:19:23 | <a href="#">Urkunde</a> |
|     | 33  | Brummund, Gerd             | 1959 | 1:05:50 |                         |
|     | 160 | Krehl, Heiko               | 1969 | 1:06:53 |                         |
|     | 25  | Bohlmann, Marc             | 1976 | 1:12:56 |                         |
|     | 181 | Limbart, Margarete         | 2000 | 1:18:54 |                         |
|     | 322 | Seegebarth, Christine      | 1975 | 1:34:50 |                         |

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## Gesamtwertung Frauen - 10 km - Walken

| Startnr. | Name                  | Verein/Ort                | JG   | Altersklasse |           |
|----------|-----------------------|---------------------------|------|--------------|-----------|
| 503      | Abo-Elenein, Ulla     | SV Lemgow-Dangenstorf     | 1960 | W50          | teilgenom |
| 504      | Berndt, Renate        | MTV Bad Bevensen          | 1953 | W60          | teilgenom |
| 506      | Brügge, Andrea        | Hitzacker OT Harlingen    | 1964 | W50          | teilgenom |
| 508      | Büsch, Kerstin        | SV Lemgow-Dangenstorf     | 1967 | W50          | teilgenom |
| 509      | Busse, Dörthe         | SV Lemgow-Dangenstorf     | 1968 | W50          | teilgenom |
| 510      | Ceipek, Bea           | INOQ Walker               | 1962 | W50          | teilgenom |
| 511      | Franzke-Machel, Karin | Post-SV Uelzen            | 1964 | W50          | teilgenom |
| 512      | Glößmann, Kerstin     | TVU-LT-Uelzen             | 1963 | W50          | teilgenom |
| 513      | Heinrich, Ruth        | Die späten Raketen        | 1962 | W50          | teilgenom |
| 514      | Hilmer, Jacqueline    | TSV Wrestedt / Stederdorf | 1993 | Fr           | teilgenom |
| 515      | Holst, Angela         | TSV Wrestedt / Stederdorf | 1963 | W50          | teilgenom |
| 516      | Jacob, Imke           | Die späten Raketen        | 1971 | W40          | teilgenom |
| 517      | Schröter, Marion      | TSV Wrestedt / Stederdorf | 1972 | W40          | teilgenom |
| 518      | Kayser, Inken         | Grebin                    | 1966 | W50          | teilgenom |
| 519      | Kohrs-Lichte, Monika  | SV Lemgow-Dangenstorf     | 1969 | W50          | teilgenom |
| 520      | Krause, Elke          | Winsen                    | 1964 | W50          | teilgenom |

|     |                        |                           |      |     |           |
|-----|------------------------|---------------------------|------|-----|-----------|
| 521 | Krause, Andrea         | Die späten Raketen        | 1970 | W40 | teilgenom |
| 524 | Kurlbaum-Schulz, Anne  | Hitzacker                 | 1981 | W30 | teilgenom |
| 525 | Langkopf, Mira         | SV Lemgow-Dangenstorf     | 1955 | W60 | teilgenom |
| 527 | Mattiesch, Ingrid      | SV Lemgow-Dangenstorf     | 1949 | W70 | teilgenom |
| 528 | Münk, Andrea           | Die späten Raketen        | 1962 | W50 | teilgenom |
| 529 | Nietzsche, Ulrike      | SV Lemgow-Dangenstorf     | 1971 | W40 | teilgenom |
| 530 | Peters, Jocelyn        | SV Lemgow-Dangenstorf     | 1970 | W40 | teilgenom |
| 531 | Reh, Heike             | Göhrde                    | 1965 | W50 | teilgenom |
| 533 | Rein, Kornelia         | SV Lemgow-Dangenstorf     | 1960 | W50 | teilgenom |
| 534 | Rieck, Petra           | Neu Darchau               | 1967 | W50 | teilgenom |
| 536 | Rudolph, Barbara       | Adendorf                  | 1960 | W50 | teilgenom |
| 540 | Schulz, Regina         | TSV Wrestedt / Stederdorf | 1962 | W50 | teilgenom |
| 541 | Schumann, Anneliese    | TVU-LT-Uelzen             | 1937 | W80 | teilgenom |
| 542 | Schwarz, Carola        | Lauftreff Bahrendorf      | 1965 | W50 | teilgenom |
| 543 | Stamm, Andrea          | SV Lemgow-Dangenstorf     | 1957 | W60 | teilgenom |
| 544 | Steindorf, Gela        | Die späten Raketen        | 1959 | W60 | teilgenom |
| 546 | Stoßberger, Tatjana    | Göhrde                    | 1977 | W40 | teilgenom |
| 547 | Tornow, Elke           | Zipfelstürmer             | 1956 | W60 | teilgenom |
| 548 | Vortisch, Nicole       | TSV Hitzacker             | 1971 | W40 | teilgenom |
| 549 | Zalewski, Beate        | VfB Schuby                | 1966 | W50 | teilgenom |
| 550 | Bodendieck, Waltraut   | SV Elbufer                | 1962 | W50 | teilgenom |
| 553 | Kathmann, Sylvia       | Post SV Uelzen            | 1967 | W50 | teilgenom |
| 552 | Malzan, Susanne        | Post SV Uelzen            | 1967 | W50 | teilgenom |
| 556 | Schiemann, Anja        | Post SV Uelzen            | 1964 | W50 | teilgenom |
| 557 | Krause de Aguilar, Ira | Neu Wulmstorf             | 1971 | W40 | teilgenom |
| 558 | Wienke, Irena          | Hamburg                   | 1971 | W40 | teilgenom |
| 559 | Kloeß, Maria           | Hamburg                   | 1971 | W40 | teilgenom |
| 560 | Bura, Evelyn           | Gartow                    | 1964 | W50 | teilgenom |
| 562 | Conrad, Heike          | Dannndorf                 | 1965 | W50 | teilgenom |
| 186 | Lohmann, Maike         | Hitzacker OT Harlingen    | 1963 | W50 | teilgenom |

## Gesamtwertung Männer - 10 km - Walken

| Startnr. | Name               | Verein/Ort             | JG   | Altersklasse |           |
|----------|--------------------|------------------------|------|--------------|-----------|
| 561      | Dieckmann, Andreas | Gartow                 | 1976 | M40          | teilgenom |
| 505      | Biemann, Michael   | Die späten Raketen     | 1968 | M50          | teilgenom |
| 507      | Bschor, Wilhelm    | Zipfelstürmer          | 1955 | M60          | teilgenom |
| 522      | Kreuz, Michael     | Die späten Raketen     | 1961 | M50          | teilgenom |
| 523      | Kruskop, Günter    | MTV Bad Bevensen       | 1946 | M70          | teilgenom |
| 526      | Matthias, Horst    | SV Eintracht Salzwedel | 1948 | M70          | teilgenom |
| 537      | Rudolph, Paul      | Adendorf               | 1961 | M50          | teilgenom |
| 538      | Schmidt, Detlev    | Dömitz                 | 1960 | M50          | teilgenom |
| 539      | Scholten, Winfried | Vorwärts Nausen        | 1961 | M50          | teilgenom |
| 551      | Zielke, Hermann    | Hitzacker              | 1961 | M50          | teilgenom |

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